

FUNGAL CONTAMINATION AND MYCOTOXIN PRODUCTION BY *ASPERGILLUS* SPP. IN NUTS AND SESAME SEEDS

Nouara Aït Mimoune^{*1,2}, Amar Riba^{1,2}, Carol Verheecke³, Florence Mathieu³ and Nasseridine Sabaou²

Address(es): Nouara Aït Mimoune,

¹Laboratoire de Biologie des Systèmes Microbiens (LBSM), Ecole Normale Supérieure de Kouba, Alger, Algeria.

²Département de Biologie, Faculté des Sciences, Université M'hamed Bougara, Boumerdès, Algeria.

³Université de Toulouse, INPT-ENSAT, Laboratoire de Génie Chimique, UMR 5503 (CNRS/INPT/UPS), 1 Avenue de l'Agrobiopôle BP 32607 Auzeville Tolosane 31326 Castanet-Tolosan, France.

*Corresponding author: nouara_live.fr

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ABSTRACT

This work reports the occurrence of the fungal flora and evaluates the mycotoxigenic potential of *Aspergillus* genera in 63 samples of oil seeds and nuts (almonds, pistachio and sesame seeds). Fungal isolation and identification revealed the presence of 5 genera (*Aspergillus*, *Penicillium*, *Cladosporium*, *Mucor* and yeasts) with the predominance of *Aspergillus* section *Nigri*. A number of 138 strains of *Aspergillus* section *Nigri* and 91 of *Aspergillus* section *Flavi* were isolated and tested for their ability to produce ochratoxin A (OTA) and Aflatoxin, respectively. The detection of Aflatoxins and OTA production was carried out using thin-layer chromatography (TLC). Our results showed that 93.93% of *Aspergillus carbonarius* were able to produce OTA, but none of the *Aspergillus niger* aggregate was found to be an OTA-producer. Among the 91 *Aspergillus* section *Flavi* isolates, 88 were identified as *Aspergillus flavus* and 3 as *Aspergillus parasiticus*. All *A. parasiticus* were strong AFB and AFG producers. A percentage of 30.3% of *A. flavus* isolates produced AFB₁, with levels ranging from 0.69 to 44.28 µg.g⁻¹. The frequency of aflatoxigenic *A. flavus* strains was higher in pistachios (46.3%) than in almonds (30.3%) or sesame seeds (23.52%). Cyclopiazonic acid (CPA) and sclerotia production were carried out on CYA medium. All aflatoxigenic *A. flavus* strains produced CPA, whereas 29.2% produced sclerotia (L-type).

Keywords: *Aspergillus*, aflatoxin, ochratoxin A, cyclopiazonic acid, sclerotia

INTRODUCTION

Mycotoxins are toxic secondary metabolites produced primarily by *Aspergillus*, *Penicillium* and *Fusarium* spp. under appropriate environmental conditions. They are considered to be a major factor in the spoilage of foodstuffs, leading to great economic loss and a major public health hazard (Dwivedi *et al.*, 1984). Human exposure to mycotoxins is difficult to avoid because *Aspergillus* grows aggressively in many commodities and at all stages of the food chain: in the field and during storage or processing (DeVries *et al.*, 2002). Aflatoxins and ochratoxin A are toxins of serious concern which are synthesized by several *Aspergillus* species and are highly toxic to humans and animals. AFs are synthesized by species of *Aspergillus* section *Flavi* and especially by *A. flavus* and *A. parasiticus*. The most common and toxic aflatoxins (AFs) naturally occurring are AFB₁, B₂, G₁ and G₂ (Astoreca *et al.*, 2011). They have been clearly identified as highly toxic, mutagenic, teratogenic, and carcinogenic compounds and have been implicated as causative agents in human hepatic and extrahepatic carcinogenesis (Massey *et al.*, 1995). The International Agency for Research on Cancer has classified naturally occurring mixtures of aflatoxins as carcinogenic to humans (Group 1) (IARC 2002). Many foods and feeds can become contaminated with aflatoxin; however, the most pronounced aflatoxin contamination is in cereals, nuts, cotton, fig, spice and coffee (Freitas and Brigido, 1998). Ochratoxin A is a nephrotoxic mycotoxin produced by several species of the genera *Aspergillus* and *Penicillium*. The occurrence of ochratoxin A on food commodities such as grapes or grape products, spices, coffee and cocoa is mainly due to the presence of *A. ochraceus*, *A. carbonarius* and *A. niger* (Schmidt-Heydt *et al.*, 2011). The co-occurrence of different mycotoxins increases the probability of synergistic effects, which can increase the risk to human health. In addition to AF, some *A. flavus* strains produce other mycotoxins such as cyclopiazonic acid (CPA). CPA is an indole tetramic acid that is toxic to animals and humans. CPA-producing fungi can grow on many substrates, including cheese, meat products, and various grains and seeds (Chang *et al.*, 2009). Co-contamination of food commodities by CPA and carcinogenic aflatoxins has been reported in different geographic areas (Horn and Dorner,

1999; Martins and Martins, 1999; Fernandez-Pinto *et al.*, 2001). The toxicity of CPA in many animal species has been studied. It causes weight loss, diarrhea, degeneration and necrosis of the muscles and viscera, convulsion and death (Purchase, 1971; Dorner *et al.*, 1983; Nuehring *et al.*, 1985). The aim of the present work is the study of fungal contamination and mycotoxins (aflatoxins, ochratoxin A and CPA) production by *Aspergillus* strains isolated from several samples of stored oilseeds in Algeria to provide useful information.

MATERIAL AND METHODS

Sampling

A total of 63 samples were investigated in this study. Samples were randomly collected between (April-July) 2011 from different markets and shops in north Algeria (sample sizes of 200 g). The selected commodity groups were: pistachio (15 samples), almonds (36 samples) and sesame seeds (12 samples). Samples were stored in plastic bags at 4°C until the analysis.

Reagents

All reagents (potassium chloride, phosphoric acid, hydrochloric acid, ammonium hydroxide, β-cyclodextrin) were of PA grade. Deionized water was used for the preparation of all aqueous solutions. Mycotoxin standards (aflatoxins, ochratoxin A and cyclopiazonic acid) and Ehrlich's reagent (4-dimethylaminobenzaldehyde) were purchased from Sigma Aldrich (France). All other solvents and reagents were of analytical grade purchased from Merck, Germany.

Fungal isolation and identification

Dilution plating was used as the enumeration technique (Pitt and Hocking, 1997). Ten grams of each grounded sample were dispersed in 90 mL of 0.05% Tween 80 sterile distilled water. Decimal dilutions (up to 10⁻³) were prepared and 0.1 mL of each dilution was inoculated in duplicate on DRBC (Dichloran Rose-

Bengal Chloramphenicol Agar medium. All plates were incubated for 5 days at 28°C. The concentrations of fungi were expressed as colony forming units per g (CFU/g). After incubation species belonging to the genera of *Aspergillus* were isolated and identified. For morphological identification, isolated species were sub-cultured on three media: Czapek Yeast Agar (CYA), *Aspergillus flavus* and *parasiticus* agar (AFAP) and Czapek agar (CZ). Identification was performed according to standard taxonomic systems based on color of colony, the shape of conidiophores and conidia's dimension examined microscopically (Pitt and Hocking, 1997; Klich, 2002). Identification of *Aspergillus* section *Flavi* was completed by taking into account a combination of all the observed criteria, including, sclerotial production and AFs and CPA profiles.

Aflatoxigenic ability of the isolates

Aspergillus section *Flavi* isolates were maintained on plates containing Coconut agar medium (CAM) (Davis et al., 1987). On this medium, aflatoxin-positive isolates showed a blue or blue-green fluorescence in agar surrounding the colonies under UV light. Inoculations were done by conidial transfer to center of plates containing (CAM). The plates were incubated at 28 °C in the dark for 7 days. The reverse side of colonies was periodically observed under long-wave (365 nm) UV light. Cultures were examined daily (for 1 week) under the UV light for detection of fluorescence signal of aflatoxigenic isolates. A blank consisting of sterilized, non-inoculated CAM medium, incubated under the same conditions, was used as control. To confirm the correlation between fluorescence and aflatoxin production, all colonies, whether or not they showed fluorescence, were extracted according to the method described by (Filtenborg et al., 1983). The agar plug methods for extracellular and intracellular mycotoxins were used for toxin extraction of the colonies. Three agar plugs of the solid medium were removed from different points of the colony for each culture, weighted and collected into small tubes. Extraction was done by adding a volume of 1mL of methanol to each tube (Bragulat et al., 2001). After incubation for 1 hour at room temperature, all tubes were centrifuged at 13000 rpm for 10 min. The obtained extracts were filtered through a 0.45 µm Millipore filter then analyzed by TLC. Quantification of aflatoxin B was done by HPLC.

CPA production

The strains were tested for cyclopiazonic acid in Czapek Yeast Agar medium (CYA: Sucrose 30 g/L, Powdered Yeast Extract 5 g/L, K₂HPO₄ 1 g/L, NaNO₃ 2 g/L, KCl 0.5 g/L, MgSO₄·7H₂O 0.5 g/L, FeSO₄·7H₂O 0.01 g/L, ZnSO₄·7H₂O 0.01 g/L, CuSO₄·5H₂O 0.005 g/L, Agar 20 g/L). All strains were inoculated on 6 cm diameter plates and incubated at 28 °C for 14 days, in the dark (Ggaleni et al., 1997). The experiment was carried out with two replicates. Following incubation, the methodology of Bragulat et al. (2001) described previously was employed. The obtained extracts were analyzed using thin-layer chromatography (TLC).

Detection of aflatoxins and CPA production by TLC

The analysis of aflatoxins and CPA production of all *Aspergillus* section *Flavi* was carried out on a silica gel 60 plate 20 × 20 cm (Merck). For aflatoxins, chloroform: acetone (90:10, v/v) was used as developing solvent. 20 µL of 1 µg.mL⁻¹ concentration of B₁, B₂, G₁ and G₂ aflatoxins and 20 µL of test samples were spotted on TLC plates and run for 45 min in a TLC tank. Plates were air dried and observed under UV light (365 nm) for presence or absence of fluorescent spots as well as their intensity. The detection of CPA was performed using Ethyl acetate/propanol/ammonium hydroxide (40:30:20) as developing solvent system (Fernandez Pinto et al., 2001). The plates were dipped first in a 2% solution of oxalic acid in methanol for 2 min. 20 µL of test samples and CPA standard were spotted on TLC plates. After plates development CPA was visualized in daylight by treatment of the plates with Ehrlich's Reagent (1 g of 4 dimethyl amino benzaldehyde in 75 mL ethanol and 25 mL concentrated HCl) and appeared as a blue-purple spot.

HPLC analysis of AFB

The quantitative determination of AFB produced by aflatoxigenic isolates of *Aspergillus flavus* was performed with HPLC. The HPLC apparatus was a Shimadzu Liquid Chromatograph AD-0012-LC equipped with a Post-column Bromination (Coring Cell) and a fluorescence detector (365 nm excitation wavelength; 435 nm emission wavelength). Chromatographic separations were performed on a reverse phase C18 column (250 x 4 mm, 3 µm particle size). The system was run using a mobile phase containing distilled water, acetonitrile, methanol (6:2:2, v/v/v) with 119 mg/L of KBr and 110 µL/L of 65% HNO₃ under isocratic elution with a flow rate of 1 mL/min. The injection volume was 20 µL.

Sclerotial characterization

To assay for sclerotia production, plates containing CYA medium were inoculated with *Aspergillus* section *Flavi* mycelia obtained from a culture of 7

days in Potato dextrose agar medium (PDA). Cultures were incubated in darkness for 21 days at 30°C. Sclerotia were obtained by pouring 10 mL of water with Tween 80 (0.01%) per plate and scraping the surface of culture plates (two replicate plates per isolate) over Whatman filter paper and rinsing with tap water to finally air-dried (Novas and Cabral, 2002). Formation of sclerotia was confirmed visually and sclerotia type of each culture was confirmed by measuring their size. The sclerotia isolates were classified according to the sclerotia size; L strain isolates produced very few sclerotia with diameter greater than 400 µm, and S strain isolates produced numerous sclerotia with diameter under 400 µm (Cotty, 1989).

Ochratoxin A production and analysis

The production of OTA was studied on 105 strains of *Aspergillus niger* aggregate and 33 of *A. carbonarius*. All isolates were cultured on CYA medium for 7 days at 28°C. OTA was extracted by the agar plug method (previously described). OTA production was detected in the extracts by thin layer chromatography (TLC) using toluene/ethyl acetate/ 90% formic acid (5:4:1, v/v/v) as developing solvent.

RESULTS

Fungal contamination

Significant differences were observed between the frequency of fungal isolates in almonds, pistachio and sesame seeds. Almonds were the most contaminated raw material (8.05×10³ CFU/g) followed by pistachios (6.85×10³ CFU/g) and sesame seeds (2.95×10³ CFU/g). Mycological analysis showed that all samples were contaminated by fungi, excepted salted almonds (8 samples). Five genera were isolated from different nuts and sesame seeds. The frequencies of isolated fungi from different nuts were *Aspergillus* (84.69%), *Penicillium* (9.31%), *Mucor* (4.48%), *Cladosporium* (0.84%) and yeasts (0.68%). *Aspergillus* was the most common genus of fungi and was represented by species including: *A. flavus*, *A. parasiticus*, *A. niger* aggregate, *A. carbonarius* and *A. ochraceus*. Predominant mycobiota belonged to the genera *Aspergillus* section *Nigri* and were represented by *A. carbonarius* and *A. niger* aggregate (Tab 1). These two species were differentiated by their conidia size. *A. niger* aggregate and *A. flavus* were found in 76.66% and 53.33% of samples, respectively, *Aspergillus niger* aggregate was the most dominant.

Table 1 Abundance and distribution of *Aspergillus* isolates in the different samples

| Sample | Almond | Sesame seeds | Pistachio | Isolates tested |
|---------------------------|--------|--------------|-----------|-----------------|
| <i>A. flavus</i> | 5.7% | 6.37% | 25.03% | 88 |
| <i>A. parasiticus</i> | 0.81% | 0.63 % | 1.21% | 3 |
| <i>A. niger</i> aggregate | 76.71% | 46.08% | 72.89% | 105 |
| <i>A. carbonarius</i> | 2.54% | 17.85% | - | 33 |
| <i>A. ochraceus</i> | - | 0.8% | - | - |

Aspergillus section *Flavi* identification

Aspergillus section *Flavi* isolates were identified using morphological characters (mainly colony color on CZ, CYA and conidia morphology) by comparison to reference strains of *A. flavus*, *A. parasiticus* and *A. nomius*. Ninety one isolates belonging to *Aspergillus* section *Flavi* were obtained exclusively from almonds (33), pistachio (41) and sesame seeds (17). *Aspergillus* strains were classified in two groups: isolates with dark-green colonies and rough conidia, which were classified as *A. parasiticus* (3 isolates), and isolates with yellow-green colonies and smooth to finely rough globose conidia, classified as *A. flavus* (88 isolates). *A. flavus* (producing aflatoxin B) and *A. parasiticus* (producing aflatoxins B and G) were found together on all samples and they showed a bright orange color of the colony reverse on AFPA.

Analysis of aflatoxins

Among the 91 isolates of *Aspergillus* section *Flavi* tested for aflatoxins production on CAM, 26 isolates (28.59%) showed fluorescence in this medium after 5-7 days of incubation. These results were in concordance with those obtained from the methanol extracts from all strains cultivated in CA medium. Aflatoxins production led to the development of fluorescent area around the colonies under UV light. None of the fluorescent isolates were found to be unable to produce aflatoxins under the same conditions. TLC analysis of the extracts showed that, 33 isolates (36.26%) were aflatoxin producers. Thirty isolates were identified previously as *A. flavus* produced only aflatoxin B, while *A. parasiticus* isolates (3 isolates) were aflatoxinogenic and were capable to produce both aflatoxins B₁ and G₁. All strains producing a strong blue fluorescence on CAM after 5 days of incubation showed a high AFBs production whereas those with a weak fluorescence on CAM, detectable after 7 days of incubation were weak

producers. The quantitative analysis of aflatoxin by HPLC showed concentrations of AFB1 ranging between 0.69 µg.g⁻¹ to 44.28 µg.g⁻¹ and lower levels of AFB2 ranging from 0.2 µg.g⁻¹ to 6.05 µg.g⁻¹ (Tab 2).

Table 2 Aflatoxin-producing ability of isolated *Aspergillus* section *Flavi* strains.

| Species | Total strains (%) | AFB1 (µg/g) Positive strains (%) | AFB2 (µg/g) Positive strains (%) |
|-----------------------|-------------------|----------------------------------|----------------------------------|
| <i>A. flavus</i> | 88 (96.7) | 0.69– 44.28 (34.09) | 0.2– 6.05 (30.68) |
| <i>A. parasiticus</i> | 3 (3.3) | 53.2– 54.35 (100) | 2.14– 3.98 (100) |

Sclerotial and CPA production

The sclerotia had a nearly spherical shape with irregular margins, strongly dense and hard, at first creamy white in color and blackish gray over time. Fifteen strains (16.48 % of total strains) were able to produce only large sclerotia (L). 24.24% (8 isolates) of aflatoxigenic *A. flavus* isolates were found to be sclerotia producers. All aflatoxigenic isolates produced also CPA. However, *A. parasiticus* strains were strong AFB and AFG producers, but did not produce detectable CPA and sclerotia.

Identification of chemotypes

The strains were classified into chemotypes based on AFs and CPA production patterns (Tab 3). Atoxigenic isolates were the most represented chemotype (65.9%). No strains were found able to produce AFB, AFG and CPA. 34.09% of *A. flavus* produced AFB and CPA and were included in a different chemotypes. *A. parasiticus* isolates produced both AFB and AFG but were not able to produce CPA.

Table 3 Incidence of chemotypes of *Aspergillus* section *Flavi* based on mycotoxigenic profile (AFs and CPA) (Vaamonde et al., 2003).

| Chemotype | Mycotoxins | | | Number of isolates of each chemotype (%) |
|------------|------------|-----|-----|--|
| | AFB | AFG | CPA | |
| I | + | - | + | 30(32.96%) |
| II | + | + | + | 0 |
| III | + | + | - | 3(3.29%) |
| IV | - | - | + | 0 |
| V | - | - | - | 58 (63.73%) |

Legend: (+) – presence, (-) – absence.

Ochratoxin A production

The ochratoxigenicity of *A. carbonarius* and *Aspergillus niger* aggregate strains from the methanolic extracts was determined by TLC. Our results showed a high production percentage within *A. carbonarius* isolates, indeed, 93.93% (31 isolates out of 33) were able to produce OTA. In the other side all strains that belong to *A. niger* aggregate (105 isolates) were found to be non-producers of OTA.

DISCUSSION

Food products may become contaminated by fungi that can be responsible of damaging them. Contamination of edible greasy seeds by fungi, mostly pistachio and almond, were reported in different countries. Fungal identification is very important to provide information about which mycotoxins could be present (Maenetje and Dutton, 2007). To date, a small research has been done in this area in Algeria. This work had been performed to investigate the contamination of some oilseeds. Total fungal counts showed a good quality of the studied food products with acceptable contamination levels ranged from 2.95x10³ to 8.05x10³ CFU/g (Andrews, 1992). The assessment of the incidence of fungal flora revealed that (80%) of grain samples contained more than one species of fungi. *Aspergilli* were the major species most commonly isolated in all products. The incidence of *Aspergillus* section *Nigri* was higher than those belonging to *Aspergillus* section *Flavi*. This species is a very frequent fungal contaminant found worldwide on various substrates such as cereals, grapes, coffee bean and nuts. Fungal and mycotoxins contaminations vary depending on the climate. In Algeria, climatic conditions characterized by high humidity and temperature and inadequate storage practices contribute to increase the potential for contamination of the commodities by *Aspergillus* and their toxins (Riba et al., 2010). *Aspergillus* and *Penicillium* species mainly grow during storage. The predominance of *Aspergillus* in stored nuts bean has been reported by several authors (Adebajo and Diyaolu, 2003; Rostami et al., 2009). Salted almonds (8 samples) instead, did not show any fungal contamination. This can be explained by the strong activity of salt against fungal growth. Similar results were obtained by other workers including Thamaboripat et al. (1992); they reported that high concentrations of NaCl may affect the water activity required for fungal growth. From all the analyzed samples 91 strains of *Aspergillus* section *Flavi* were tested for their ability to produce aflatoxins on Coconut Agar Medium (CAM). The

presence of fluorescence on this medium was correlated with AFs production at a very high level on TLC and HPLC.

On the basis of sclerotial size *A. flavus* isolates can be divided into two subtypes (L-type and S-type). Many studies attempt to found a relationship between aflatoxins production and sclerotial phenotype. Some showed a positive interrelationship between regulation of aflatoxin biosynthesis and the production of small sclerotia (Novas and Cabral, 2002; Pildain et al., 2004). Whereas, others observed that the L strains produce higher levels of aflatoxins than the S strain isolates (Astoreca et al., 2011; Abbas et al., 2005). In our survey, sclerotia were all of the L-type (> 400 µm), and were present in 29.2% of the *A. flavus* isolates. Small sclerotia production was not found. No correlation could be established between sclerotia presence/size and toxigenicity in this case. Abundance of L strains was reported in many previous studies (Astoreca et al., 2011; Donner et al., 2009; Giorni et al., 2007). The conditions responsible for the distribution of *A. flavus* S- strains still unknown and appear to be complex. Environmental factors are known to affect sclerotial biogenesis. For example, in the Eastern Province of Kenya the domination of S-strains was observed (Probst et al., 2007; Pildain et al., 2008). Recently, Riba et al. (2010) reported a dominance of L-strains in Algerian wheat samples. These results contrast with those reported in our investigation, showing a positive correlation between the distribution of these two different types and the environment factors.

The mycotoxigenic potential and profile of *A. flavus* is known to be variable. This species has been frequently divided into groups, depending on their toxigenic profile (Razzaghi-Abyaneh et al., 2006; Vaamonde et al., 2003). In our work, more than half isolates (65.9%) are atoxigenic. Analogous results were reported in many studies by several authors showing a high percentage of these isolates in various foodstuffs (Horn and Dörner, 1999; Razzaghi-Abyaneh et al., 2006; Sanchez-Hervas et al., 2008). In general, the incidence of atoxigenic strains of *Aspergillus* section *Flavi* communities varies with geographic origin (Atehnkeng et al., 2008; Pildain et al., 2004) and substrate (Vaamonde et al., 2003). In the present study, *A. flavus* isolated from Pistachio showed a high aflatoxins production (46.3%), than those isolated from almonds (30.3%) and sesame seeds (23.52%). Atypical *A. flavus* isolates (Group II), which produce small sclerotia and AFB, AFG and CPA have not been identified in our survey. This kind of isolates is intermediate between *A. flavus* and *A. parasiticus*. This phenotype has been previously isolated in soil and agricultural samples from West Africa, Argentina and Australia and has been classified as *A. minisclerotigenes* (Pildain et al., 2008). 30 strains (34.09%) of *A. flavus* were capable to produce both CPA and AFB (chemotype III). This type of isolates belongs to typical *A. flavus* isolates. The co-occurrence of aflatoxins with cyclopiazonic acid has been reported in peanuts, corn and animal feeds in different geographic areas (Urano et al., 1992; Horn and Dörner, 1999; Martins and Martins, 1999; Fernandez-Pinto et al., 2001). *A. parasiticus* strains are more uniform in their toxigenic abilities: they are usually reported as strongly aflatoxigenic (Horn et al., 1996; Razzaghi-Abyaneh et al., 2006; Tran-Dinh et al., 1999). They are also known to be producers of B- and G-type aflatoxins but never CPA. All *A. parasiticus* isolates were found to be strongly aflatoxigenic and produce both AFB and G.

Black aspergilli were tested on CYA medium for ochratoxin A production. None of *A. niger* aggregate produced ochratoxin A, but 31 of 33 isolates of *A. carbonarius* were able to produce this toxin. Among the species belonging to the *Aspergillus* genera (*A. niger*, *A. ochraceus* and *A. carbonarius*) *A. carbonarius* is the main OTA-producers. Strains of *A. niger* are considered as weak OTA-producers (El Khoury and Atoui, 2010). Battilani et al. (2003) found that the most ochratoxigenic strains isolated from grapes belonged to *A. carbonarius*. Also, this species is the most probable source of OTA in dried vine fruits (Abarca et al., 2003). Our findings are in agreement with most other studies on these species. Battilani et al. (2006) and Perrone et al. (2006) reported high percentage of OTA producers on *A. carbonarius* (from 70-100%), although, *A. niger* aggregate, the most common, showed a low percentage (20%) of OTA producing strains.

CONCLUSION

This research has provided information about contamination by molds and their mycotoxins in some Algerian greasy edible seeds. A very high development of *Aspergillus* genus has been noted. A study of the aflatoxigenicity of 91 *Aspergillus* section *Flavi* isolated and identified by a combination of morphological criteria, and mycotoxin profiles, revealed that all *A. parasiticus* strains were aflatoxigenic and produce both AFB and AFG, whereas 30.3% of *A. flavus* isolates produced only AFB. The aflatoxigenicity of these isolates was variable in all samples. In almonds and sesame seeds a development of *A. carbonarius* has been observed. This species was found to be highly ochratoxigenic. The presence of species like *A. flavus*, *A. parasiticus* and *A. carbonarius*, can lead to aflatoxins and OTA production in foodstuffs. To minimize fungi contamination and manage the risk of mycotoxins production, good storage practices and control measures should be established because it still the most effective tool to use.

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